

## Senior's Corner

The word for July is HOT! Thank God for air conditioners. If you don't have one, go to the movie or a mall for relief if you can. My brother is coming from Florida and it's cooler down there. This weather is not much fun. Come to the Community Center for lunch on Thursday. It's cool.

Free Fruits and vegetables are available from People's Place, a thrift store and food pantry serving all of Ulster County. They will distribute fresh fruit and vegetables for no charge to anyone between the hours of 10:00 am and 1:00 pm. For more information, call 338-4030 or go to [www.facebook.com/PeoplesPlaceKingston](http://www.facebook.com/PeoplesPlaceKingston).

There are some wonderful ongoing exhibits, especially at the Hudson River Maritime Museum entitled "Lighthouses of the Hudson," going until November 1, at 50 Rondout Landing, Kingston from 11:00 am through 5pm daily. There is a small fee of \$5.00. Call 338-0071 for more information.

There are still some seats available on the bus going to Vanderbilt Mansion to hear the United States Military Academy Band. Call Pearl Lee at 255-8628 and leave your name and telephone number. The date is Wednesday August 12th and the rain date is August 13th. Please bring your own lawn chair which will be stored under the bus. The bus will leave from the New Paltz High School Parking lot.

The luncheon will be held at the New Paltz Community Center each Thursday at 12:00 noon. In order to make a reservation, call 331-2496. Call for menu.

We went to New York City last week on the Trailways Bus and was happy to pay only \$22.50 round trip on off peak hours. Call 679-0266 for the available hours. If you want to see a play or just go to a museum, this is a great way to spend an afternoon.

Picnic hint - the best way to quickly chill canned and/or bottled drinks is in a mix of ice and water. This works because ice water makes complete contact with the surface of a can or bottle, while ice alone makes only partial contact. To make your ice last longer and stay colder pour salt on the ice/water mixture.

We were all speaking of scams perpetrated on the elderly and others. There are so many of these scams, one has to be very careful of telephone calls from strange numbers and charities. Think twice before giving any of your private, personal information. Once you are scammed, you usually cannot get your money back. Be careful and do not give any account numbers.

Household Hazardous Waste Collection Event is conducted multiple times per year and provides households the opportunity to safely dispose of oil-based paint solvents, pesticides, automotive products and other household hazardous waste for FREE. Take these items to the Resource Recovery Agency located at 999 Flatbush Road in Kingston, Monday through Friday from 7:30 am to 3 pm. Call the Recycling Hotline at 336-3336 for more information.

If men could choose the gender of their unborn children, the human race would die out in a single generation, but we'd get a few decades of incredible football!